

LORD BLUE THROAT ROARS

An Immersion into the Heart of Consciousness

Paul Muller-Ortega

October 12th, 13th and 14th

*Shiva Mahadeva-Lord of Yoga, primordial Guru,
bestower of grace- bears on his throat an auspicious blue mark*

*In the deeper understandings of Tantra,
this blue stain signals the great alchemy
of human transformation brought about
by subtle and dedicated yogic practice.*

*By swallowing a great poison, and holding it in
his throat, Shiva models the graceful conquest
over the poisons of human life; ignorance,
limitation and suffering.*

In this powerful Immersion weekend,
renowned scholar and teacher Paul Muller-Ortega will
take us on a journey of discovery into the core of
Tantric Yoga as that which can profoundly transform our
lives and awaken us to bliss.

We will consider Shiva's "Roar" as
the teachings expounded in the Shiva Sutras.
We will chant his name, and deepen and
illuminate our practice of meditation.



Paul Muller Ortega, PhD is internationally recognized as one of the world's most respected scholars in the field of Indian Religion and Hindu Tantrism and is the author of **The Triadic Heart of Shiva**. He is known for his unparalleled scholarly authenticity, while being charismatic and eloquent; with a unique capacity to convey esoteric truths in ways that create profound shifts in his students. Integrating this with the deep wisdom gained from forty years of teaching and meditation practice, Dr. Muller-Ortega will take us on an unparalleled, enlightening tour of Consciousness.

Friday 7:00 -9:00 pm • Saturday 10:00 am-1:00 pm & 3:00-5:00 pm • Sunday 9:00 am-12:00 pm

THE SHOP Yoga Studio
11167 Woodside Avenue
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www.parkcityyoga.com
Please register early
\$175 for weekend